

# ENDURANCE IRELAND

## SAFETY STATEMENT



Revision	Authorised by	Date	Signature
9	Paddy Miller	07/08/2024	<i>Paddy Miller</i>

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## **SAFETY & HEALTH POLICY**

### **TO ALL MEMBERS**

We state as Endurance Ireland, that we are required to comply with all Safety and Health Legislation that applies to this Club.

We will ensure this by:

- Showing an example in the manner in which we carry out our rides
- Providing Leadership and direction to all members.
- Being totally committed to our policies, when faced with challenges.
- Running our rides where health and safety actions generate respect to all.
- Encouraging all to challenge and contribute to our health and safety policies.
- Continually striving to find improvements to our health and safety policies.
- Accepting no reasoning or excuses to compromise our health and safety policy.

We have carried out Hazard Identification and Risk Assessment of all key areas that may arise at ride venues that we use.

It is the policy of this Club to secure and promote the Health & Safety of its members and members of the public, who may be affected by our actions.

The Club will discharge its Statutory Obligations and duties placing Health & Safety issues on an equal priority with other objectives.

The minimum Health & Safety Standards acceptable to us are those required by relevant legislation and authoritative guidance.

This Statement sets out the Health & Safety Measures we are implementing to protect members and, members of the public who may be affected by our actions.

Endurance Ireland Club Committee has endorsed this statement.

The Club Health & Safety Coordinator will give advice and information on how to comply with this Safety Statement, but ride organizers are responsible for ensuring compliance at their venue.

We expect all members to co-operate with us so that we can achieve our target of avoiding accidents.

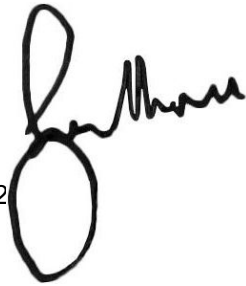
Members, must play their part under the Safety Statement. Comply with all the Safety & Health Rules set out by Endurance Ireland. Act safely and think of others as you do.

This policy will be updated and reviewed as the organisation may change in size and nature.

This statement will be available online.

Signed :

Date: 07/08/202

A handwritten signature in black ink, consisting of a large loop at the top, followed by a series of smaller loops and a long horizontal stroke.

Club Chair

## **Legislation Compliance**

- It is the policy of this Club to comply with all relevant legislation:
- No. 10 of 2005 Safety, Health and Welfare at Work Act.

## 1.1 SAFETY STRUCTURES

### HEALTH AND SAFETY ORGANISATION



## 1.2 RESPONSIBILITIES OF THE COMMITTEE

1. Overall responsibility for safety, health and welfare in this club is that of the Committee of Endurance Ireland.
2. Consultation on all health and safety matters in this club is the responsibility of the Health and Safety Coordinator.
3. The Committee shall delegate specific responsibilities to the members.
4. The Committee must ensure that the ride organisers and the Health and Safety Coordinator are aware that they are responsible for this policy being carried out at rides.
5. The Health and Safety Coordinator is responsible for ensuring that this policy is carried out with regard to consultations, safety inspections, investigating accident and monitoring of the safety policy and advise the Committee on all matters relating to health and safety.

## 1.3 RESPONSIBILITIES OF HEALTH AND SAFETY COORDINATOR

The appointed Health and Safety Coordinator will ensure that:

1. Adequate Guidelines are provided to each ride organiser through the website and that the ride organisers are made aware of same, this will be in the form of a Health and Safety Plan which is to be followed for each ride.
2. Delegate to another committee member/ride organiser or undertake to record and investigate all accidents with a view to preventing recurrence, and advise the Committee on position vis a vis the injured party, potential claims, insurance or H.S.A. implications.
3. That members are aware of the incident reporting procedures and the importance of following them.
4. The provisions of the health and safety plan are executed for each ride and that the ride Health and Safety Plans are kept on record.
5. Competent persons required at any time to advise on safety and health or implement safety and health procedures will be brought in if not available within.
6. Liaise with the Committee on matters relating to health and safety.

## **1.4 RESPONSIBILITIES OF RIDE ORGANISERS**

The Ride Organisers will ensure that

1. The policies, procedures and rules of Endurance Ireland are followed when planning, organising, and running a ride. In particular the more recent COVID-19 procedures
2. The Health and Safety Plan available online is used for each ride.
3. So far as reasonably practicable that venue is chosen in accordance with the Endurance Ireland Rules, policies and procedures including COVID 19 procedures.
4. So far as is reasonable practicable ensure that all riders wear the appropriate riding equipment that is required by the Endurance Ireland rules.
5. All members and visitors are made aware of the Endurance Ireland riding guidelines when riding on one of our rides.
6. The incident guidelines are followed and any assistance required in the investigation in the event of an accident is given.

## **1.5 RESPONSIBILITIES OF MEMBERS AND VISITORS ATTENDING RIDES**

It is the responsibility of all members and visitors to Endurance Ireland Events.:

1. To take reasonable care of your own Safety, Health and Welfare and that of any other person that may be affected your acts or omission while at an event.
2. Co-operate with Endurance Ireland to such an extent as will enable Endurance Ireland to comply with any of the relevant statutory provisions as regards to safety, health and welfare.
3. Report to the ride organiser or the health and Safety Coordinator without unreasonable delay any potential hazards or incidents which occur which might endanger safety, health and welfare of which you become aware of.
4. No person shall intentionally or recklessly interfere with the course markers or deliberately ride without the equipment stated in our rules or interfere with any procedure/equipment, for securing the safety, health and welfare of persons at an event.
5. Develop a personal concern for safety for yourselves and for others.
6. Ensure that you are in a fit and sober state to ride.
7. Show respect for all riders and members of the public and do not engage in any forms of bullying or racism.
8. To follow all rules, policies and procedures as set down by Endurance Ireland

## 2.0 POLICIES AND PROCEDURES

### 2.1 ACCIDENT PROCEDURES

When a serious accident/incident occurs the procedures below must be followed:

The Ride Organiser must be notified immediately. The Rider Organiser or other nominated persons must take charge of the proceedings as follows:

1. Observe accident/incident location and status of injured person.
2. If there is risk of further injury move injured person to safety.
3. Call for immediate medical assistance or emergency services.
4. See that First-Aid etc., is administered as required by a competent person.
5. If ambulance is called make sure exact location is given and that ambulance can access site as near as possible to the injured person.
6. Check horse if injured, contact local vet, which will be listed in the Health and Safety Plan.
7. Notify the Health and Safety Coordinator of the incident within 2 days.
8. Using the Health and Safety Plan, establish location of hospital and appoint a suitable person to travel with injured person.
9. Notify family of injured person and if required arrange for transport for the horse involved.
10. Gather all information immediately about the accident/incident and what led up to it.
11. Obtain witnesses statement; write them down as they are given.
12. Take sketches / photographs of area where accident happened.
13. The Health and Safety Coordinator must notify Insurance Company and seek guidance on further reports, investigations and position of club within 7 days.

### 2.2 DRUGS AND ALCOHOL POLICY

It is the policy of Endurance Ireland not, to permit any persons to ride at an event under the influence of alcohol or drugs, nor to consume these whilst riding at an event.

To take suitable action, usually not allowing on course anyone attending a ride suspected to be under the influence of alcohol or drugs in breach of this policy

#### **No Alcohol is Permitted**

#### **Drugs are not Permitted** **(except prescription drugs)**

## 2.3 BULLYING, RACISM AND DISCRIMINATION POLICY

It is the policy of Endurance Ireland not discriminate against persons on grounds of race, sex, age or social background.

Any reports of bullying, racism and discrimination will be dealt with in accordance with our rules.

## 2.4 FIRST AID

It is recommended that a first aid kit is provided by the ride organiser at each ride, a recommendation of what should be in each box is also below.. A number of Members are first aiders a register is shown below.

ENDURANCE IRELAND FIRST AID REGISTER JAN 2024	
Teresa Moore	Michael Moore
Anne Kinsella	Grainne Embleton
Yvonne Croke	Tanya Embleton

## RECOMMENDED CONTENTS OF FIRST AID KITS

Materials	First Aid Travel Kit contents
Adhesive Plasters	20
Sterile Eye Pads (no.16) (bandage attached)	2
Individually wrapped triangular bandages	2
Safety Pins	6
Individually wrapped, sterile, unmedicated wound dressings M (no.8) (10x8 cm)	1
Individually wrapped, sterile, unmedicated wound dressings L (no.9) (13x9 cm)	1
Individually wrapped, sterile, unmedicated wound dressings XL (no. 3) (28x17.5 cm)	1
Individually wrapped disinfectant wipes	10
Paramedic Shears	1
Pairs of examination gloves	3
Sterile water where there is no clear running water	2x20mls
Pocket Face Mask	1
Water based burns dressing S (10x10cm)	1
Water based burns dressing L	1
Crepe Bandage (7cm)	1

## RECORDS OF FIRST AID TREATMENT

Details of all cases incidents treated using the first aid kits should be detailed on the health and safety incident report form.

# **Endurance Ireland**

## **3.0 Risk Assessments.**

- 3.1 Summary of Risk Assessment.
- 3.2 Venue Access
- 3.3 Venue Organisation
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### 3.1 Summary of Risk Assessment

Risk Mating Matrices

Probability (Likelihood of the event)	
Almost certain	5
Probable	4
Could happen occasionally	3
Improbable	2
Almost impossible to happen	1

Severity (the most likely result of the accident)	
Catastrophic - death	5
Severe incapacity	4
Absent one month	3
Absent three days + recovery	2
Almost impossible to happen	1

To assess the risk, multiply the two numbers and transfer to the Risk Index Table.

	Probability					
		5	4	3	2	1
Severity	5	25	20	15	10	5
	4	20	16	12	8	4
	3	15	12	9	6	3
	2	10	8	6	4	2
	1	5	4	3	2	1

Actions required:

Priority 1	25 – 16	Extensive precautions based on physical controls or possible avoidance of hazard
Priority 2	15 – 10	Supervision of hazard needed
Priority 3	9 – 1	Some risk acceptable

### 3.2 Venue Access

**Hazards: Entering/Leaving Venue**

Hazard	Probability	X	Severity	=	Risk Rating
Conflict with vehicle on access road between vehicles entering leaving		x		=	
Getting stuck in the gateway due to poor ground conditions		x		=	
Conflict with horses entering/leaving the venue		x		=	
Poor Visibility at access point		x		=	
Access point not visible to persons wishing to use it		x		=	

**Persons in danger**

- Persons attending the ride, members of the public

**Control Measures: Venue Access**

- Venue access to be clearly identifiable
- Ground conditions to be assessed at entrance and steps taken if they are not appropriate.
- Horses and vehicle entrance to be separate if possible and conflict clearly highlighted if not possible.
- Venue to have clear sightlines for access/egress.

### 3.3 Venue Organisation

**Hazards:**                      **Conflict between horses and vehicles**

<b>Hazard</b>	<b>Probability</b>	<b>X</b>	<b>Severity</b>	<b>=</b>	<b>Risk Rating</b>
Conflict between vet area and parking area					
Conflict between vet area and public traffic					
Conflict between parking area and public traffic					
Access to public road for loose horses					

#### Persons in Danger

- Persons attending event
- Members of the public

**Control Measures:**      **Conflict between horses and vehicles**

- Separate the vet area from the parking area by fencing or marker posts
- Keep the parking/vet area fenced from the public road.
- Clearly identify the parking area and warn public road users if it is adjacent to/on the public road.

### 3.4 Start/Finish Line

**Hazards:**                      **Location of Start/Finish Line**

<b>Hazard</b>	<b>Probability</b>	<b>X</b>	<b>Severity</b>	<b>=</b>	<b>Risk Rating</b>
Conflict between racing horses and members of the public					
Horses running out of space to slow down					

**Persons in danger**

- Persons attending the event.
- Members of the public

**Control Measures:**      **Start/Finish Line**

- Leave enough space beyond the finish line for the horses to come to a halt
- Ensure the approach to the finish line does not conflict with public areas.

### 3.5 Communications

**Hazards:                      Contacting Venue**

<b>Hazard</b>	<b>Probability</b>	<b>X</b>	<b>Severity</b>	<b>=</b>	<b>Risk Rating</b>
Not being able to contact anyone in the event of an accident					
Not being able to contact the venue when lost					

**Persons in danger**

- Members of the public
- Persons attending the event

**Control Measures:      Contacting Venue**

- All riders/crew to be given the contact details of the ride organiser at the venue.

### 3.6 Ride Route

#### Hazards: Route Hazards

Hazard	Probability	X	Severity	=	Risk Rating
Getting lost on route					
Injury from narrow gaps					
Unsuitable surfaces					
Conflict with public traffic/road crossings					

#### Persons in danger

- Members of the Public
- Persons attending event

#### Control Measures: Route Hazards

- Ensure route is marked appropriately.
- Ensure all gaps are in accordance with health and safety plan
- Ensure that the route minimises the amount of road work in line with the health and safety plan.
- Ensure that the surfaces along the route are suitable for use (eg not slippery surfaces, no holes in track)
- Use Stewards at road crossings when necessary.

### 3.7 Crew Points

**Hazards:                      Accessing Crew Points**

<b>Hazard</b>	<b>Probability</b>	<b>X</b>	<b>Severity</b>	<b>=</b>	<b>Risk Rating</b>
Parking at a location that is unsafe					
Conflict with traffic on routes between points					
Blocking the ride route					

**Persons in Danger**

- Members of the Public
- Persons attending event

**Control measures:        Accessing Crew Points**

- Assess the route to pick appropriate crew points
- Points must have adequate parking for several crew vehicles
- Ensure that the route between points is suitable and that enough time has been left for the crew to reach the point before the rider

### 3.8 Checkpoints

**Hazards:**                      **Contacting Checkpoint**

<b>Hazard</b>	<b>Probability</b>	<b>X</b>	<b>Severity</b>	<b>=</b>	<b>Risk Rating</b>
If someone does not turn up at the checkpoint					
Problem with injuries at the checkpoint					

**Persons in danger**

- Members of the Public
- Persons attending event

**Control measures:**      **Contacting Checkpoint**

- Contact details of venue to be given to the checkpoint stewards

### 3.9 Course Marking/unmarking

#### Hazards: Marking/Unmarking

Hazard	Probability	X	Severity	=	Risk Rating
Getting lost on route					
Injury from lump hammer/sledge					
Unsuitable surfaces					
Injury from staple gun					
Road traffic accident					

#### Persons in danger

- Persons marking or unmarking the course

#### Control Measures:

- Ensure that the organiser is familiar with the route or has a map
- Ensure that one person does not hold the stake when it is being hammered into place
- Ensure adequate footwear is worn for traversing uneven surfaces with ankle support
- Adhere to off road track speed limits of under 15km/h
- Wear gloves when handling stapled signs

**3.10 COVID-19****Hazards: Transmission of COVID-19 at Events**

<b>Hazard</b>	<b>Probability</b>	<b>X</b>	<b>Severity</b>	<b>=</b>	<b>Risk Rating</b>
Persons attending event in any capacity					
Veterinarian inspection					
Paperwork/Item exchange					
Travelling to/from event					
Crewing					
Poor hygiene practices					

**Persons in danger**

- Organisers, Officials and Veterinarians
- Persons attending event

**Control measures: Endurance Ireland Event Protection Procedures**